

May 10, 2022

The Lord wants you to experience real and abundant life:

John 6:30-35 *So they asked Him, “What sign then will You give that we may see it and believe You? What will you do? Our ancestors ate the manna in the wilderness; as it is written: ‘He gave them bread from heaven to eat.’” Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world.” “Sir,” they said, “always give us this bread.” Then Jesus declared, “I Am the bread of life. Whoever comes to Me will never go hungry, and whoever believes in Me will never be thirsty.” (NIV)*

The LORD has built two very important and essential desires into our physical bodies: hunger and thirst. We have all experienced these multiple times in our lives. These urges can be so very powerful. It is our body reminding us that we need both food and fluid to continue to function. Jesus reminds us of these also by using them in a spiritual sense in **Mt. 5:6** *Blessed are those who hunger and thirst for righteousness, for they will be filled.* (NIV)

In the same way, those who want to experience and ultimately live the full and abundant life that God has for us, must know where to access the living water and the bread of life. These are not found on the grocery store shelves. These can only be accessed by the life in the Spirit of the LORD. His supply will never run low or run out. It is always available to anyone who truly believes. The disciples were asking these questions of the Savior and were overwhelmed with His response to their questions. They wanted a sign or an action so that they could believe. Isn't that just like us? We say seeing is believing. But in the Kingdom of God: believing is seeing! Jesus told them, *For the bread of God is the bread that comes down from heaven and gives life to the world.* And their response was: *“Sir, always give us this bread.”* And herein lies the secret of the real and abundant life in Him. Realize the source and the supply. It is Him alone and no other.

Dear LORD, You are the living water and the bread of life. Help us to turn to You in every situation. You feed us through Your Word and You quench our thirst with Your living water by Your Spirit. I pray that we will hunger and thirst for Your righteousness today. In Jesus Name, Amen